



SALLY CURSON

TREATMENT LIST

Open Monday to Saturday
by appointment

11 East Street, Alresford,
SO24 9EQ

Gift vouchers available

Telephone 01962 733800

Email: longbarnshop@googlemail.com

FOR THE FACE

CLEANSING FACIAL

40 mins £30

BESPOKE FLORAL FACIAL

A deep cleansing, balancing and soothing facial using natural & organic skincare products, tailored on the day to suit your skin.

60 mins £40

RELAXING FACIAL

Soothe your skin and unwind your mind. As per the bespoke floral facial but with the added enjoyment and benefits of hand/arm and leg/foot massage.

90 mins £50

COLLAGEN FACIAL

The ultimate anti-ageing facial for all you die-hard beauty junkies! Increases collagen content within the skin – plumps and softens. Outstanding results when undertaken as a course of treatments.

60 mins £50

MICRO-DERMABRASION FACIAL

Offering the deep exfoliation properties of micro-dermabrasion combined with peeling, to stimulate cell renewal and regeneration. Skin is left soft and with a smooth texture. 6 week course recommended (£250).

60 mins £45

All facials include a relaxing face, neck and shoulder massage.

MAKE UP MAKE OVER

A tutoring session on the latest application techniques. Bring your make-up bag(s) along and discover how to get the best out of your products and to update your look, let's face it, we all get stuck in that rut.

60 mins £35

HAIR REMOVAL

½ Leg

30 mins £15

¾ Leg

45 mins £20

Full leg

60 mins £25

Normal bikini

15 mins £10

Extended bikini

30 mins £15

Underarm

15 mins £10

Eyebrow shape

15 mins £8

Lip

15 mins £8

Chin

15 mins £8

Lip and chin

15 mins £15

Lash tint

30 mins £15

Brow tint

15 mins £10

Lash and brow tint

30 mins £20

Back

from

30 mins £20

FOR THE BODY

BODY MASSAGE

Drift away with this deeply soothing and relaxing Swedish style massage with a choice of floral oils to suit your mood.

60 mins £45
30 mins £29

TOP TO TOE PRESSURE POINT DE-STRESS

It's that awful moment when you just can't decidefacial.....massage.....oh the dilemma! Why not try this one. Start with an organic rose cleanse with hot towel to the face and then let the relaxation begin. Facial massage with an organic oil, scalp massage and follow on with a full body massage. It really is bliss. Go on, give it a try (boys will love this one – so be nice girls and share it)

90 mins £65

SHEA BLISS BODY CONDITIONING

All over body exfoliation followed by moisturising with 100% shea butter, vitamin E and essential oils to nourish, soften and re-hydrate the skin. The ultimate anti-ageing body treatment.

60 mins £45

ABDOMEN MASSAGE

Experience this non-invasive colonic treatment that has a dual action treating both the digestive system on the inside and firms the skin on the outside. Relieves tension and bloating. Perfect before a big event, holiday or for those suffering with common abdominal problems.

60 mins £50

DE-STRESS HOT STONE MASSAGE

Warm basalt lava stones dissolve stress in the body and mind, infusing a feeling of wellness and harmony whilst penetrating the muscles three times more deeply than regular manual massage. Excellent for detoxifying the body and stimulating lymphatic drainage.

60 mins £55

FOR THE HANDS AND FEET

NATURALLY CONDITIONING MANICURE

The ultimate in hand & nail rejuvenation. Includes shaping & cuticle tidy and exfoliation which refines the texture of your hands, leaving them soft & smooth. Followed by the colour of your choice.

60 mins £30

SPEEDY MANICURE

File, cuticle tidy, nails conditioned and buffed with natural oils. The perfect regular maintenance treatment.

30 mins £20

NATURALLY CONDITIONING PEDICURE

Be nice, give your feet a facial! Don't forget the flipflops

60 mins £30

BIO-SCULPTURE GEL

Long-lasting nail colour for hands and feet. No chipping or flaking. Be warned – its perfection is addictive !

60 mins £35